



Garth Olwg U3A

Founded : March 2008

Web - <https://gartholwg.u3asite.uk>

Registered Charity No. 1206759

JUNE, 2025 NEWSLETTER

Dear Member,

1. WELCOME

At the risk of sounding boring, PLEASE SIGN IN AT THE DOOR for our General Meetings. This is important for two reasons – (1) we'll need to do a roll call should there be any reason to evacuate the building and (2) you are only covered by u3a insurance if you are shown to be present.

This bulletin contains some information about our future events and Interest Groups.

2. FORTHCOMING EVENTS

- a) We are planning a trip (by train from Pontypridd or Treforest – use your bus pass for a cheaper fare) to the **Museum at Barry Island Railway Station** on Tuesday, 24th June. Trains run every 30 minutes from Pontypridd and we are expecting to catch the 10H54 from Pontypridd (a few minutes later from Treforest). With the change at Cardiff, Queen Street station, this will get us to Barry Island at 12H01. From there, it's just a walk along the platform to the museum. The Museum is opening that day just for us and providing tea and biscuits so a donation at the Museum would be in order.
- b) **Gwili Railway Trip** : This has been arranged for Thursday, 10th July. The cost for coach and train trip is £35. This final amount is to be paid at the General Meeting on 18th June meeting. **We would like a few more members to sign up for this trip in order to make it viable.** If we do go through with this, the coach will leave the Hollybush pub in Church Village at 10am. We are thinking of having lunch (at your extra cost) quite near to the Gwili railway station before catching an afternoon train for a return trip. This steam train trip lasts approximately 1½ hours.
- c) **BACK BY POPULAR DEMAND : A Murder Mystery evening** is planned for **Friday, 21st November.** Put the date in your diaries now. This will be hosted by a professional company and a buffet supper is included. More details in future Newsletters.

3. SUGGESTIONS

There Have been two suggestions :

- Formation of a Camera Club Group : This was shown to be non-viable after a “show of hands” at a General Meeting.
- Birthday Bash : After last month's successful party, it was suggested and agreed at Committee that this would become an annual event. However, to cover costs, the charge would have to be in the region of £5pp. Last month's event was subsidised

by moneys received from our raffles and the Gift Aid scheme and was a means of “giving back” to our members. Such a subsidy is a “once off” occasion.

4. GENERAL NOTICES CONCERNING OUR MEETINGS

- a) **Our Monthly Raffle** : Each strip of tickets is only £1 so please pay up !! All proceeds are ploughed back into our funds to offset future costs, However, try to use the correct money as Clare has a problem with £50 notes !! Should any of you feel you have something you don't want but would make a good raffle prize, then please talk to Clare at the raffle table.
- b) Several of our members have **NOT SIGNED** their membership form. This will be indicated on the “signing in” form at our next General Meeting. If your name is highlighted, then please see me – simply to sign off your form.
- c) **Several members have still not renewed their membership** – due since 1st April and after several reminders. Thus, their names will be removed from the members list at “signing in” when you attend the General Meeting. Hence, if you do attend, and do not find your name on the Members List, then you will have to sign in as a “Visitor” until such time that you rejoin and complete the membership form.
- d) Last month we held our “Birthday Party”. This was a subsidised event (hence the low cost of £2pp. The subsidy money came from our sales of raffle tickets and from our Gift Aid scheme and was a means of “giving back” to our members.

5. INTEREST GROUPS

Should you have an interest in forming a new Interest Group then please contact our new **Interest Groups Co-ordinator – Barbara Brown on 07734 384234 or barbarabrown0550@gmail.com**

Cinema Group : We cannot guarantee that this group will meet every month as it depends on what film is on show. When it does happen, it's usually of very short notice and the only way that we can inform members is by a last minute eMail.

Wednesday, 11th June - Lunch Club: -- meeting at 12.30pm at “La Luna” in Talbot Green. **At our General Meeting on 17th May 2023, an announcement was made whereby the last opportunity for booking a lunch club lunch will be the Sunday evening following the relevant General Meeting.**

Contact : Elaine Williams on williams.me.49@gmail.com

Friday 13th June – Gardening Club . This meeting will be at the Woodlands Garden Centre at 2pm.
Contact : Jacqui on 01443 205004 or 07399719235 or eMail to j.bunnage@talktalk.net

Tuesday 17th June – Games Group

Calling all you board games enthusiasts – Why not join our Games Group and enjoy a couple of hours playing Rummicub and other games. which combine strategy and luck. The Group will meet in Room 19 in Garth Olwg LLC

from 13.30 to 15H00. **NOTE THE NEW VENUE**

Contact : Elaine Williams on williams.me.49@gmail.com

Wednesday 18th June – General Meeting – This will be in the usual venue at the theatre at Garth Olwg LLC – starting at 2pm.

The speaker will be Stephen Griffin and his topic will be “Do You Really Do That For a Living ?”. This hilarious talk will be about the experiences of a Tourist Guide in Wales.

Thursday, 19th June – Poetry Appreciation Group – If you enjoy poetry, come along to the next meeting at Garth Olwg. We are a small, friendly group who enjoys sharing poems on an agreed theme. This month's theme is “The Solar System”

Contact : Barbara Brown on 01443 201535

Monday 23rd June : Amblers Group :

It has been decided to suspend this Group until late in the year.

Thursday, 26th June – The Art & Architecture Group – meeting at 2 pm in Tabernacle Chapel in Efail Isaf.

THERE WILL BE NO MEETING THIS MONTH AS BERYL IS ON HOLIDAY.

“normal service will be resumed next month”.

Contact : Beryl Keating on 01443 222637 or 07804834344

Monday, 30th June – Trustees Meeting at the Old Parish Hall at 11am.

Tuesday 1st July – Enjoying Science Group -- Meeting in Garth Olwg -- Room 21, at 2pm. We will return to the DVD on the development of planet earth. 4.6 billion years ago when the earth was formed it was a hot rocky planet with no atmosphere. This episode tells the story of how our atmosphere was formed, how it changed over time and what impact that had on the origins of life.

Contact : John Sayle on 07766 714669

Wednesday 2nd July - Book Club - meeting at 11H00 but as room venues change monthly, please check with Joan first.

This month's book for discussion is “All Her Fault” by Andrea Marla

One missing boy. Marissa Irvine arrives at 14 Tudor Grove, expecting to pick up her young son Milo from his first playdate with a boy at his new school. But the woman who answers the door isn't a mother she recognises. She isn't the nanny.

She doesn't have Milo. And so begins every parent's worst nightmare.

Four guilty women. As news of the disappearance filters through the quiet Dublin suburb and an unexpected suspect is named, whispers start to spread about the women most closely connected to the shocking event. Because only one of them may have taken Milo - but they could all be blamed . . .

In a community full of secrets, who is really at fault?

Contact : Joan West on joan.jmwest@icloud.com

Wednesday, 9th July - Lunch Club: meeting at 12.30pm at the Bryn Cae Arms in Llanharan. A £10 deposit will be required – payable at the General Meeting on 18th June.

At our General Meeting on 17th May 2023, an announcement was made whereby the last opportunity for booking a lunch club lunch will be the Sunday evening following the relevant General Meeting.

Contact : Elaine Williams on williams.me.49@gmail.com

6. And, FINALLY

Please look at our **NEW** branch website - very ably run by our own Jayne Harte. You can find this at <https://gartholwg.u3asite.uk>. This site is updated and contains information on our local history, our various Interest Groups, the various trips that we've been on as well as your photographs and links to other u3a information – well worth a look. Additionally, we've included all our Policies on the site as well as our Job Descriptions.

Bob Davies

(Membership & Communications Secretary)

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EATING IN THE 50s

1. Pasta had not been invented.
2. Curry was a surname.
3. A takeaway was a mathematical problem.
4. A pizza was something to do with a leaning tower.
5. Bananas and oranges only appeared at Christmas time.
6. All crisps were plain; the only choice we had was whether to put the salt on or not.
7. A Chinese chippy was a foreign carpenter.
8. Rice was a milk pudding, and never, ever part of our dinner.
9. A Big Mac was what we wore when it was raining.
10. Brown bread was something only poor people ate.
11. Oil was for lubricating -- fat was for cooking.
12. Tea was made in a teapot using tea leaves and never green.
13. Coffee was Camp, and came in a bottle.
14. Cubed sugar was regarded as posh.
15. Only Heinz made beans.
16. Fish didn't have fingers in those days.
17. Eating raw fish was called poverty, not sushi.
18. None of us had ever heard of yoghurt.
19. Healthy food consisted of anything edible.
20. People who didn't peel potatoes were regarded as lazy.
21. Indian restaurants were only found in India.
22. Cooking outside was called camping.
23. Seaweed was not a recognized food.
24. "Kebab" was not even a word never mind a food.
25. Sugar enjoyed a good press in those days, and was regarded as being white gold.
26. Prunes were medicinal.
27. Surprisingly, muesli was readily available, it was called cattle feed.
28. Pineapples came in chunks in a tin; we had only ever seen a picture of a real one.
29. Water came out of the tap, if someone had suggested bottling it and charging more than petrol for it they would have become a laughing stock.
30. The one thing that we never ever had on our table in the fifties was elbows!

CHURCH NOTICE : ADAM & EVE -- The first people to NOT read the Apple's "Terms & Conditions"

St. Mark's Anglican Church

SIGNS OF THE TIME

- Phones – Wireless
- Cooking - Fireless
- Cars - Keyless
- Food - Fatless
- Tyres -Tubeless
- Dress - Sleeveless
- Leaders - Shameless

Pharmacist to customer, "Sir, please understand. To buy an anti-depression pill you need a proper prescription. Simply showing your marriage certificate and your wife's picture is not enough

"There are two types of age. One in terms of years and another in terms of the body."
Mahathir Mohamad age 92