



Garth Olwg U3A

Founded : March 2008

Web - <https://gartholwg.u3asite.uk>

Registered Charity No. 1206759

FEBRUARY, 2026 NEWSLETTER

Dear Member,

1. WELCOME

Please remember to SIGN IN AT THE DOOR for our General Meetings.

This bulletin contains some information about our future events and Interest Groups.

2. FORTHCOMING EVENTS

- a) **Annual Quiz Night** : This year, this prestigious event will be held on Wednesday, 25th March at the Rugby Club. Cost is £5 per person which includes a buffet supper. Doors open at 6.30 for a 7pm start. Get your teams together folks and pay your fee at the General Meeting on 18th February.
- b) **A visit to the Old Railway Garden Centre** : This is in Three Cocks outside Brecon. After a positive response, we are going on Wednesday April 22nd. The cost is £20pp for the coach. Names, to be taken in next general meeting on 18th February.
- c) **The Hay Book Festival** : Arrangements are underway to visit on Wednesday, 27th May when the main attraction that day will be Pru Leith. Names will be taken at the General Meeting on 18th February and payment of £20 for the coach will be taken at the March and April meetings. The events on that day will be posted on the Festival web site where bookings for individual events on that day can be made.
- d) **Our Annual Tea Party** : This will be held on 24th June and a speaker is being finalised.
- e) **Cegin Gareth Kitchen** : This is booked for Friday, 17th July and space is limited. The cost for the kitchen is £40pp and the coach cost is £25pp. Names and payment to be made at the March 18th General Meeting. The cost includes coffee & biscuits on arrival, a cookery demonstration, a 3-course lunch and, following lunch, a flower arrangement demonstration.

3. SUGGESTIONS

We have discussed all the suggestions recently received and are acting on several of them.

Those currently under consideration are indicated in the events above.

4. GENERAL NOTICES CONCERNING OUR MEETINGS

- a) **Our Monthly Raffle** : Each strip of tickets is only £1 so please pay up !!
- b) It's become very late in the year but, if you have not already done so, **PLEASE COLLECT YOUR MEMBERSHIP CARDS WHEN YOU SIGN IN.**
- c) Non-Renewed past members and visitors must sign the "VISTORS" form as per usual.

4. INTEREST GROUPS

Should you have an interest in forming a new Interest Group then please contact our new **Interest Groups Co-ordinator – Barbara Brown on 07734 384234 or barbarabrown0550@gmail.com**

WE HAVE A NEW INTEREST GROUP !!

This is a “Cards Group” and will be devoted to card playing enthusiasts. The Group Leader is PHILLIP HUGHES and the inaugural meeting is at 2pm in Garth Olwg on Friday 25th February – the last Friday of the month. Initially, Phill will start with “Canasta”.

The initial contact is : Barbara Brown on 01443 201535

Cinema Group : As and when a suitable show is available – members will be notified by eMail.

Contact : Barbara Brown on 01443 201535

Theatre Group – As and when a suitable show is available – members will be notified by eMail.

Contact : Jacqui on 01443 205004 or 07399719235 or eMail to j.bunnage@talktalk.net

Wednesday, 11th February - Lunch Club:

Elaine has booked lunch at the “Dynevor Arms” in Groesfaen. Announcements and payments were made at the General Meeting on 21st January

At our General Meeting on 17th May 2023, an announcement was made whereby the last opportunity for booking a lunch club lunch will be the Sunday evening following the relevant General Meeting.

Contact : Elaine Williams on williams.me.49@gmail.com

Tuesday 17th February – Games Group

Calling all you board games enthusiasts – Why not join our Games Group and enjoy a couple of hours playing Rummicub and other games. which combine strategy and luck. The Group will meet in Room 19 in Garth Olwg LLC from 13.30 to 15H30.

Contact : Elaine Williams on williams.me.49@gmail.com

Wednesday 18th February – General Meeting – The venue is now permanently in the Theatre at Garth Olwg at 2pm.

The speaker this month is TONY MOON who will be talking about the RHONDDA TUNNEL PROJECT.

Thursday, 19th February – Poetry Appreciation Group – This is a small, friendly group who enjoys sharing poems on an agreed theme. This month’s theme is “Colours”.

THIS GROUP IS NOW FULL

Contact : Barbara Brown on 01443 201535

Thursday 26th February – The Art & Architecture Group – meeting at 2 pm in Tabernacle Chapel in Efail Isaf.

The subject will be Holman Hunt, one of the founder members of the Pre-Raphaelite Brotherhood, we will watch a DVD from the Sky Arts series Tate Walks, which explores the places which inspired the artist.

Contact : Beryl Keating on 01443 222637 or 07804834344

PLEASE NOTE THAT AFTER MANY YEARS SERVICE, FOR WHICH WE ARE VERY GRATEFUL, BERYL WILL BE STEPPING DOWN AS GROUP LEADER IN APRIL.

WE ARE HOPING THAT ONE OF YOU WILL STEP UP FOR THIS POST.

Tuesday 3rd March – Enjoying Science Group -- Meeting in Garth Olwg Room 5 (the new number for room 21), 2pm.

We will be starting a new DVD presented by professor Brian Cox. He is currently a physicist at Manchester University and was once a rock musician. In this series of videos he will be looking at the planets in our own solar system and their histories.

THIS GROUP IS NOW FULL

Contact John at : John Sayle on 07766 714669

Wednesday 4th March - Book Club – This month's book is "Echoes" by Maeve Binchley. *Set in the fictional Irish seaside resort town of Castlebay, the novel follows the lives of several local families between the years 1950 and 1962. The primary three families act as a counterbalance to one another: the wealthy Powers, whose father is the local doctor, the struggling O'Briens, who eke out a living from the eleven-week long summer season in their grocery-confectionery shop and the charming but secretive Doyles, whose father runs the local photography concession.*

THIS GROUP IS NOW FULL

Contact : Clare Thomas on 07833 647383 or thomasnj53@aol.com

Wednesday, 11th March - Lunch Club:

Elaine has booked lunch at the "Ship Inn" at the bottom of Crown Hill. There is a change in the payment method viz : **Deposits will be taken as usual but everyone must now pay their own bill.** Deposits to be paid as usual at the monthly General Meeting.

At our General Meeting on 17th May 2023, an announcement was made whereby the last opportunity for booking a lunch club lunch will be the Sunday evening following the relevant General Meeting.

Contact : Elaine Williams on williams.me.49@gmail.com

Friday– Gardening Club – The next gardening group will be held in the Spring if there is an increase in numbers.

Contact : Jacqui on 01443 205004 or 07399719235 or eMail to j.bunnage@talktalk.net

6. And, FINALLY

We have, at last, caught up and we now have our own FACEBOOK PAGE. Just type in "gartholwg u3a" when next you go into "search" in FaceBook. Please look at our **NEW** branch website - very ably run by our own Jayne Harte. You can find this at <https://gartholwg.u3asite.uk> and also linked from our FaceBook page. This site is updated regularly and contains information on our local history, our various Interest Groups, the various trips that we've been on as well as your photographs and links to other u3a information – well worth a look.

Bob Davies

(Business & Communications Secretary and Membership Secretary)

e-mail robertd Davies11@gmail.com ; 01443 551434 or 07767 832199

Jacob, aged 92, and Henrietta age 85, are excited about their decision to get married. They go to their local chemist to enquire from the owner if he sells various medication for the heart, circulation, rheumatism, scoliosis, arthritis, jaundices, vitamins, sleeping pills, antidotes for Parkinson's Disease, wheelchairs and walkers.

The chemist owner is intrigued and asks " Why all the questions?"

The couple happily tell him of their up and coming wedding, and would like to nominate his store as their Bridal Gift Shop!

If you put fences around people, you get sheep. Give people the room they need. -*William L. McKnight, businessman and philanthropist (11 Nov 1887-1978)*